### COUNTY OF LOS ANGELES

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### DEPARTMENT OF MENTAL HEALTH

http://dmh.lacounty.gov

550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

February 01, 2011

The Honorable Board of Supervisors County of Los Angeles 383 Kenneth Hahn Hall of Administration 500 West Temple Street Los Angeles, California 90012

**Dear Supervisors:** 

ADOPTED

Reply To: (213) 738-4601

(213) 386-1297

BOARD OF SUPERVISORS COUNTY OF LOS ANGELES

#18 FEBRUARY 1, 2011

SACHI A. HAMAI EXECUTIVE OFFICER

# APPROVE EXPENDITURES FOR THE TENTH ANNUAL CALIFORNIA CONFERENCE ON MENTAL HEALTH AND SPIRITUALITY (ALL SUPERVISORIAL DISTRICTS) (3 VOTES)

# **SUBJECT**

Request approval to expend funds to host and conduct the Tenth Annual Conference on "Mental Health and Spirituality: A Time to Grow," to be held on June 2, 2011, at the California Endowment Center for Healthy Communities.

# IT IS RECOMMENDED THAT YOUR BOARD:

- 1. Authorize the Department of Mental Health (DMH) to expend funds to host and conduct the Tenth Annual Conference on "Mental Health and Spirituality: A Time to Grow," to be held on June 2, 2011.
- 2. Authorize the Director of Mental Health, or his designee, to execute an agreement with the California Endowment Center for Healthy Communities (Endowment Center) for site technical support and catering services for the conference, and to pay the Endowment Center, or its designee.
- 3. Authorize DMH to purchase food and beverages for County employees, consumers, and family members attending the conference as an exception to Section 5.40.097, Incidental Expenses, of the Los Angeles County Code, which limits such purchases to \$500 per occurrence and \$5,000 annually.

# PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION

The Honorable Board of Supervisors 2/1/2011 Page 2

Board approval of the recommended actions will allow DMH to host and conduct the Tenth Annual Conference on "Mental Health and Spirituality: A Time to Grow," to be held on June 2, 2011, at the Endowment Center. In support of the mental health system in Los Angeles County, the conference will host workshops that are aligned with the Mental Health Services Act (MHSA) plans and DMH's goal of promoting hope, wellness and recovery.

The conference will assist the Department to accomplish elements of its State-approved MHSA Prevention and Early Intervention plan. A major mandate of the MHSA is to reach unserved and underserved populations to support their recovery from mental illness. This conference provides an important opportunity for DMH to develop partnerships with faith communities in achieving this MHSA mandate.

# <u>Implementation of Strategic Plan Goals</u>

The recommended actions support the County's Strategic Plan Goal 2, Children, Family and Adult Well-Being, and Goal 4, Health and Mental Health.

# FISCAL IMPACT/FINANCING

The estimated total cost of the conference is \$27,500, of which approximately \$22,000 is anticipated to be offset by registration fees paid by participants. The remaining estimated cost is \$5,500 funded by MHSA revenue. The exact amount will be determined by the actual number of attendees, which is expected to be approximately 320. The estimated costs also include printing and mailing of brochures, programs, training materials, food and beverage, audio and visual services, honorariums for presenters, translation services, and other miscellaneous costs. Funding is included in the DMH's Fiscal Year 2010-11 Final Adopted Budget.

There is no net County cost.

# FACTS AND PROVISIONS/LEGAL REQUIREMENTS

Since 2002, DMH has held an annual one-day educational event to make faith leaders aware of mental illness, its impact on families, and the supporting role faith communities can play in helping with recovery. By collaborating with faith leaders in underserved and unserved communities, DMH is seeking to reduce barriers for people seeking mental health care.

Through two plenary sessions and ten workshops, which will be presented by experts in the fields of mental health and/or spirituality, the conference is intended to increase awareness of spirituality as a potential resource in mental health prevention, early intervention and recovery and to encourage collaboration among faith-based organizations, mental health service providers, and consumers and families in combating stigma and reducing disparities in access to services for diverse populations. Continuing education units will be offered to appropriate clinical disciplines.

# **CONTRACTING PROCESS**

The Honorable Board of Supervisors 2/1/2011 Page 3

DMH solicited costs from three locations. The Department determined that the Endowment Center was the preferred location based on availability, size of accommodations, cost, and transportation needs. As the caterer for the facility, and in accordance with the proposed agreement with the Endowment Center, DMH will pay catering costs directly to Sodexho America, the Endowment Center's designee for catering services at a total estimated cost of \$7,000.

In lieu of posting the opportunity on the County's website, DMH solicited quotes from various venues that met selection requirements for the conference. In an effort to reduce costs associated with this conference, DMH opted to use the Endowment Center because the space is free to government entities who host health related meetings. In addition, catering services at the venue offered through the Endowment Center's designee are less expensive than the other venues that were considered.

# **IMPACT ON CURRENT SERVICES (OR PROJECTS)**

The conference will empower consumers, benefit the mental health system, and promote hope, wellness and recovery for clients.

Respectfully submitted,

MARVIN J. SOUTHARD, D.S.W.

Director of Mental Health

MJS:KM

c: Chief Executive Officer
County Counsel
Chairperson, Mental Health Commission
Executive Officer, Board of Supervisors